

Table of Contents

Why Prepare for a Disaster	1
General Preparedness Information.....	3
Emergency Planning and Disaster Supplies	4
<i>Creating a disaster plan</i>	4
<i>Emergency planning for people with special needs.....</i>	6
<i>Disaster supply kits</i>	7
Evacuation	11
Shelter	13
<i>Long-term in-place sheltering.....</i>	13
<i>Staying in a mass care shelter.....</i>	17
Mitigation.....	18
Animals in Disaster	20
Recovering From Disaster.....	23
<i>Mental health and crisis counseling</i>	25
Natural Hazards	28
Floods	29
Hurricanes	33
Thunderstorms	39
<i>Lightning</i>	40
<i>Tornadoes</i>	42
Winter Storms and Extreme Cold	46
Extreme Heat (Heat Wave)	49
<i>Emergency water shortages</i>	51
Earthquakes	55
Volcanoes	58
Landslide and Debris Flow (Mudslide)	61
Tsunamis	64
Fire	66
<i>Wildland fires.....</i>	70
Technological & Man-Made Hazards.....	72
Hazardous Materials Incidents	73
<i>Household chemical emergencies</i>	76
Nuclear Power Plants.....	79
National Security Emergencies	83
<i>Terrorism.....</i>	83
<i>Chemical and biological weapons.....</i>	86

Table of Contents (cont)

<i>Nuclear and radiological attack</i>	89
<i>Homeland security advisory system</i>	94
For More Information	97
Citizen Corps.....	99
CERT	99
Disaster Public Education Websites.....	100
Independent Study Courses	101